



HAND of Santa Cruz County Helping After Neonatal Death

www.HANDsupport.org

HAND of Santa Cruz County is a chapter of HAND of the Peninsula. We are a grief support group for parents who have experienced the death of a baby through

- miscarriage
- stillbirth
- interruption of a wanted pregnancy after prenatal or genetic diagnosis
- death during birth
- death in the baby's first year of life

Many parents feel overwhelmed and confused by this devastating loss, and it can help to talk with others who understand and share a similar loss. Our goal is for parents to help other parents, in a safe place to share experiences and feelings, and to support each other through the grieving process. We offer monthly grief support meetings, as well as subsequent pregnancy support meetings for parents who have started or are thinking about starting another pregnancy. All bereaved parents, their family, and friends are welcome, and there is no fee for our services.

For support and more information, please call the HAND of Santa Cruz facilitator, Kristie Shulman, at (831) 438-4513.

HAND of Santa Cruz County Grief Support Meetings	
Dates:	Third Wednesday of every month
Time:	7:30 - 9:30 pm
Location:	Congregational Church of Soquel 4951 Soquel Drive, Soquel Anne Hutchinson Room

HAND of Santa Cruz County Subsequent Pregnancy Support Meetings	
Dates:	First Wednesday of every month
Time:	7:30 - 9:30 pm
Location:	Congregational Church of Soquel 4951 Soquel Drive, Soquel Anne Hutchinson Room